



How To:

**Cull, De-clutter
& Organise
Your Wardrobe
in 3 Easy Steps**

Did you know that the average person wears only 20% of their wardrobe?

That's a whopping 80% of our items wasting away sitting in our closet!

There are many reasons why we don't end up wearing the pieces in our wardrobe and this can cloud our vision and our values with our image.

Getting changed of a morning or evening should be an easy task, but clutter, mess and the wrong clothing are just some of the reasons why dressing can be a stressful and time consuming task.

That's why i'm here to help you cull, de-clutter and organise your wardrobe using my top 3 tips to feel more in control of your wardrobe!

STEP 1: Out with the old

One of the easiest steps to start your culling process and help you flex that critic muscle is by getting rid of all your old, daggy and dated clothing.

Here is a list of the signs of what you should be looking out for:

- Clothing with stains or discolouration
- Clothing with holes or rips
- Jeans that you haven't worn in over 3 years
- Clothing, shoes & accessories that are showing signs of ageing in style
- Pieces that have been worn out and possibly need replacing
- Stretched clothing: denim, ponte, linen, knitwear fabrics
- Clothing that has shrunk and is too tight fitting
- Scuffed or stained shoes which can't be revived
- Tarnished or broken jewellery that can't be repaired



Tip: If need be, start writing a list to replace those worn out pieces that you love but have to part with.

STEP 2: Ask The 10 questions-

To understand what is NOT serving a purpose in your wardrobe, you need to get really clear on your outcome and the image that you want to project. So I highly recommend asking the following below questions, about each item in your wardrobe to help you understand if the item is really helping you look & feel your best or not.

***Also make a pile for each category: To keep, donate/sell, replace or alter.**



- 1 **Do I love the item?**
If you're not 100% about it, continue...
- 2 **Does it suit my lifestyle?**
Where and when can I wear it?
- 3 **Is the item versatile?**
Or does it style with just 1 look ? Or do I need to find the right piece to style it with.
- 4 **Does it suit my colour palette?**
(skin tone, hair colour, eye colour)
- 5 **Does the colour style with the rest of my wardrobe colours?**
- 6 **Does it suit my personal style?**
- 7 **Does it flatter my body shape?**
Does the item make me look out of proportion?
- 8 **Is it fitting me properly?**
Can I get the item taken in or altered?
- 9 **Have I worn the item?**
Eg; Does it still have the tag on? There may be a reason why it still has a tag on so you have 3 options here- 1. cull/sell the item, 2. The piece may require altering to work or 3. Ask yourself the 10 questions again.
- 10 **Is the material easy to look after & wear?**
Consider dry cleaning cost...



If you answered 'NO' to any of these questions, you may want to reconsider it staying in your wardrobe. If it's not serving your purpose, then it doesn't deserve to stay in your closet!

STEP 3: Categorise & Colour-Coordinate

To have an organised wardrobe that saves you time in getting ready, you'll need to have all of your pieces neatly categorised, grouped and colour coordinated. I highly recommend grouping/sectioning the following together:

- Short sleeve tops, hung up
- Long sleeve tops, hung up
- Jackets and blazers, hung up
- Coats, hung up
- Pants, hung up
- Skirts, hung up
- Dresses, hung up
- Jeans, folded in drawer
- Sweaters folded or hung up
- Shorts folded in drawer
- Shoes in shoe compartments (not in boxes)
- Jewellery in jewellery box neatly placed
- Belts on belt hanger or curled up in drawer
- Sunglasses in drawer compartment
- Scarves folded/curled in drawer
- Hats in hat box or hat stand

Then colour coordinate each section starting with lightest to darkest.
This way its easier to find what you're looking for when getting dressed.



*You can also mix jackets and long sleeve tops in the same section if you prefer

TIP:



Replace all of those old wire hangers and those embarrassing grandma style hangers from your wardrobe with one style of hanger like wooden or felt hangers! Kmart sell felt hangers in packs of 30 for just \$10!