

A photograph of a modern, light-colored wooden closet. On the left, several long dresses in white, pink, and black hang on wooden hangers. In the center, a row of white shirts and a few pink and black tops are hanging. To the right, there are shelves. The top shelf holds a large, structured pink handbag with gold hardware. Below it, two shelves display various pairs of women's shoes: white loafers, tan and brown pumps, and black pumps. At the bottom of the closet, more clothes are hanging, including a black lace dress, a white shirt, a gold jacket, and a houndstooth skirt. A central text overlay is present.

Josephine Eve
PERSONAL FASHION STYLIST

Wardrobe Strategy Workbook

Introduction

This workbook is designed to help you have a solid wardrobe strategy so that you have a better understanding of what you need, what needs to go & why.

Once you have carried out the wardrobe cull, de-clutter & organise exercise you will have a better understanding of what you currently have in your wardrobe and what pieces are missing to be able to create the right outfits.

The Wardrobe Checklist: (pg 3) Using this checklist, will give you an easy way to tick off the tasks as you complete them, and this way it will hopefully give you some more motivation! #yesplease :)

The Wardrobe Strategy: (pg 4) Completing each section on this page is beneficial to understand & simplify your wardrobe + your personal style.

The Wardrobe Staples Checklist: (pg 5) This is such a value packed checklist which enables you to understand which staples you already own & which ones are missing, which will help you to create your shopping list much easier.

This workbook is designed to give you-

- ✓ Helping you keep track on which wardrobe tasks you've completed so you can keep kicking goals
- ✓ Clarity on which staple pieces are missing from your wardrobe which will help you in Module 6- Creating Your Shopping List
- ✓ An understanding of which areas of your lifestyle you need to focus on so that you can have more variety in your wardrobe
- ✓ A clearer vision of which colours and the colour options you want to wear so that you can have more versatility & style in your wardrobe

Wardrobe Strategy Workbook

WARDROBE CHECKLIST:

'Cull & De-clutter'-

- ☐ Clothing with holes or rips
- ☐ Clothing with stains or discolouration that are not worth dyeing
- ☐ Jeans that you haven't worn in over 3 years
- ☐ Clothing that is uncomfortable to wear eg; fabric feel on your skin
- ☐ Clothing, shoes & accessories that are showing signs of ageing in style
- ☐ Pieces that have been worn out and possibly need replacing
- ☐ Stretched clothing: denim, ponte, linen, knitwear fabrics
- ☐ Clothing that has shrunk and is too tight fitting
- ☐ Scuffed or stained shoes which can't be revived
- ☐ Shoes that are too uncomfortable to wear
- ☐ Tarnished or broken jewellery that can't be repaired
- ☐ Old scarves that show their age in style, colour and fabric
- ☐ Clothing that no longer fits my shape and size
- ☐ Oversized boxy jackets that don't suit my shape and can't be taken in
- ☐ Colours that don't suit my skin, eye colour, hair colour and personality
- ☐ Clothing and accessories that doesn't fit in with my lifestyle
- ☐ Clothing and accessories that no longer suits my personal style
- ☐ Clothing and shoes that have had a tag still on for a long time

'Organise'-

- ☐ Alter garments at the tailors eg; hemming lengths of tops, bottoms & dresses
- ☐ Organise and colour coordinate shoes & accessories into sections
- ☐ Organise and colour coordinate clothing into sections lightest to darkest
- ☐ Replace old wire hangers & 'cushion' hangers with 1 hanger style

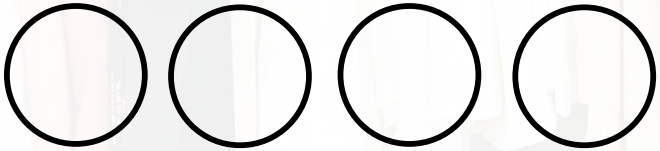
Wardrobe Strategy Workbook

WARDROBE COLOURS:

Top accent colours:



Top neutral colours:



Possible outfit colour combinations:

* _____

* _____

* _____

* _____

* _____

* _____

* _____

LIFESTYLE:

Which lifestyle areas of my wardrobe do I need to focus on adding:

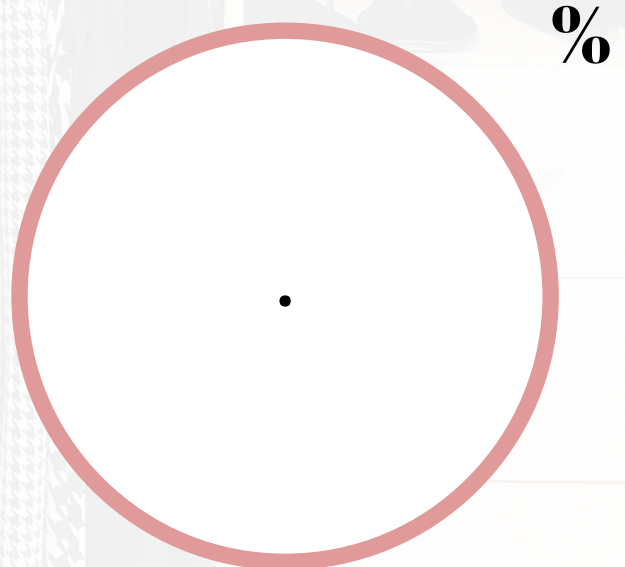
(Place numbers 1-5 in the boxes. 1 = most important)

- ☐ Casual outfits & pieces
- ☐ Smart casual outfits & pieces
- ☐ Work outfits & pieces
- ☐ Dressy outfits & pieces
- ☐ Activewear outfits & pieces

Additional notes:

Where do I spend most of my time in an average week?

(Section off each area of your lifestyle)

 %

Wardrobe Strategy Workbook

WARDROBE STAPLES CHECKLIST:

- | | |
|---|--|
| <input type="checkbox"/> T-shirts | <input type="checkbox"/> Evening dress |
| <input type="checkbox"/> Cami's | <input type="checkbox"/> Shorts |
| <input type="checkbox"/> Dressy Tops | <input type="checkbox"/> Black belt |
| <input type="checkbox"/> Work blouses | <input type="checkbox"/> Beige/tan/nude belt |
| <input type="checkbox"/> Dress shirt | <input type="checkbox"/> Pendant necklace |
| <input type="checkbox"/> Sweater | <input type="checkbox"/> Statement necklace |
| <input type="checkbox"/> Denim jacket | <input type="checkbox"/> Statement earrings |
| <input type="checkbox"/> Leather Jacket | <input type="checkbox"/> Stud earrings |
| <input type="checkbox"/> Black blazer | <input type="checkbox"/> Watch |
| <input type="checkbox"/> Navy blazer | <input type="checkbox"/> Sunglasses |
| <input type="checkbox"/> Statement jacket | <input type="checkbox"/> Winter scarf |
| <input type="checkbox"/> Duster trench | <input type="checkbox"/> Silk or cotton scarf |
| <input type="checkbox"/> Coat | <input type="checkbox"/> Black flats |
| <input type="checkbox"/> Cardigan | <input type="checkbox"/> Beige/tan/nude flats |
| <input type="checkbox"/> Light blue denim jeans | <input type="checkbox"/> Black heels |
| <input type="checkbox"/> Blue/navy denim jeans | <input type="checkbox"/> Beige/tan/nude heels |
| <input type="checkbox"/> Black denim jeans | <input type="checkbox"/> Black flat sandals |
| <input type="checkbox"/> Black pencil or a-line skirt | <input type="checkbox"/> Beige/tan/nude flat sandals |
| <input type="checkbox"/> Casual skirt | <input type="checkbox"/> Black heel sandals |
| <input type="checkbox"/> Black trousers | <input type="checkbox"/> Beige/tan/nude heel sandal |
| <input type="checkbox"/> Navy trousers | <input type="checkbox"/> Statement shoe |
| <input type="checkbox"/> Chino's | <input type="checkbox"/> White sneakers |
| <input type="checkbox"/> Leggings | <input type="checkbox"/> Black boots |
| <input type="checkbox"/> Black dress (LBD) | <input type="checkbox"/> Beige/tan boots |
| <input type="checkbox"/> Casual dress | <input type="checkbox"/> Black handbag |
| <input type="checkbox"/> Work dress | <input type="checkbox"/> Nude/beige/tan handbag |